

IN THE CLAIMS:

Please amend the claims to read as follows (added matter is underlined and omitted matter is in brackets):

1. (original) A method of lift spin couples dancing, comprising the steps of:
 - a) providing a pair of shoes for at least one dancer of the couple, wherein at least one of the shoes of the pair has a heel with a heel bottom surface and a rear beveled portion having an inclined spinning surface that forms an angle with the bottom surface of between about 30 and 60 degrees;
 - b) supporting the weight of the second dancer on the foot of the first dancer that has the shoe of step "a";
 - c) the first dancer rotating upon the spinning surface while supporting the entire weight of the second dancer with the foot that is wearing the shoe of step "a".
2. (original) The method of claim 1 wherein the spinning surface is a smooth surface.
3. (original) The method of claim 1 wherein the spinning surface has a projecting member and in step "c" the first dancer rotates upon the projecting member of the spinning surface.
4. (original) The method of claim 1 wherein the second dancer stands upon the foot of the first dancer in step "b".
5. (original) The method of claim 1 wherein the second dancer lays upon the foot of the first dancer in step "b".
6. (original) The method of claim 1 wherein the second dancer stands upon the foot of the first dancer in step "b" and the second dancer has at least one shoe that has a heel with a forward edge that has a bevel.
7. (original) The method of claim 1 wherein the projecting member is smaller in area than the spinning surface.
8. (original) The method of claim 1 wherein the projecting member is rotatably connected to the spinning surface.
9. (original) The method of claim 1 wherein there are a plurality of projecting members attached to the spinning surface.

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10. (original) A dancing shoe, comprising;
 - a) a shoe upper configured to fit the foot of a dancer;
 - b) a shoe lower that includes a sole and a heel;
 - c) the heel having a heel bottom surface and a rear beveled portion that has an inclined spinning surface that forms an angle of between 30 and 60 degrees with the heel bottom;
 - d) a projecting portion that is mounted to the heel on the spinning surface and that projects away from the spinning surface.
11. (original) The dancing shoe of claim 10 wherein the projecting portion is rotatably attached to the heel.
12. (original) The dancing shoe of claim 10 further comprising a layer of compressible material attached to the heel at the spinning surface next to the projecting portion.
13. (original) The dancing shoe of claim 12 wherein the projecting portion and layer of compressible material are of about the same thickness.
14. (original) The dancing shoe of claim 10 wherein the layer of compressible material surrounds the projecting portion.
15. (original) The dancing shoe of claim 10 wherein the heel includes two connectable sections, one section having the beveled portion.
16. (original) The dancing shoe of claim 10 further comprising a second projecting portion mounted on the sole of the shoe in front of the heel.
17. (original) The dancing shoe of claim 10 wherein there are a plurality of projecting portions attached to the heel at the spinning surface.
18. (original) The dancing shoe of claim 10 wherein the plurality of projecting portions are attached to the heel at spaced apart positions.
19. (original) The dancing shoe of claim 16 further comprising a layer of compressible material attached to the sole in front of the heel and next to the projecting portion.
- 20-63 (canceled).